



Isle of Man Seafood Products

January Price List!



To place an order email fishsales@iomsf.com or you can fill in our order form online at www.iomsf.com.

All orders need to be placed by Thursday at 5pm for weekend delivery!

Deliveries to South/East on a Friday and North/West on a Saturday.

Freddy the Fishmonger - 408739 or 606298

**LARGE SELECTION OF FRESH FISH AVAILABLE EVERY SATURDAY FROM
MACKEREL MANN @ BRY RADS FRESH VEG SHED IN RAMSEY**

**POP AND SEE US @ TYNWALD MILLS MANX PRODUCE MARKET
EVERY SATURDAY 10AM – 4PM**



Product List	Weight	Price
King Scallops	Per Kg	£16.00
1/2 Shell King Scallops	Per Kg	£9.50
Queen Scallops	Per Kg	£11.00
1/2 Shell Queen Scallops	Per Kg	£8.50
Haddock	Per Kg	£14.50
Cod	Per Kg	£14.10
Hake	Per Kg	£14.75
Whelk Meat	Per Kg	£7.00
Frozen IQF Whelk	Per Kg	£8.50
Salmon Fillet	Per Kg	£14.20
Monktail	Per Kg	£18.40
Smoked Salmon	Per 100g	£3.95
Bream - Whole	Per Kg	£8.10
Bass - Whole	Per Kg	£8.10
Bass Fillet	Per Kg	£14.40
Skate	Per Kg	£7.00
Squid	Per Kg	£7.00
Plaice Fillet	Per Kg	£13.30
Smoked Haddock	Per Kg	£14.50
Smoked or Peppered Mackerel	Per Kg	£12.00
Fish Pie Mix	Per Kg	£12.00
Connemara Mussels	Per Kg	£3.80
New Zealand Half Shell Mussels	Per Pack	£9.25
Mussel Meat	Per Pack	£6.00
Cockle Meat in Brine	Per 100g	£2.50
Frozen Block Cod 8/16	15lb Pack	£57.00
Scampi	Per Bag	£6.00
Pollock	Per 10lb box	£20.00
Dover Sole – Large Frozen	Per Kg	£16.00
Crevettes Cooked	Per 2kg	£21.00
Arctic Royal Coldwater Prawns 12% Glaze	Per Bag	£23.20
Fastnet Coldwater Prawns 40% Glaze	Per Bag	£15.20
Cooked Peeled Tail on Prawns 31/40	Per Bag	£10.00
Royal King Prawns (P&D) 16/20	Per Bag	£8.90
Royal King Prawns (P&D) 26/30	Per Bag	£8.20



Flavoured Smoked Salmon!

Champagne & Orange Smoked Salmon – 100g

Lemon & Pepper Smoked Salmon – 100g

Orange & Pepper Smoked Salmon – 100g

Gravadlax Smoked Salmon – 100g

Gin & Tonic Smoked Salmon – 100g

£3.95 per pack or 3 for £10.50!

***Large Seafood Platter £35 – feeds 2-4**

(includes 1 lobster, white crab meat, mixed crab meat, hot smoked salmon, smoked salmon, mussels, crab claws, mackerel and prawns).

***Seafood Platter £15 – feeds 1-2**

(includes ½ lobster, prawns, crab claws and mussels).

*Subject to change depending on stock levels

SPECIAL OFFERS!

SARDINES	£4.80 PER KG
SMOKED KIPPERS	£2.50 PER PAIR
HERRING	£4.80 PER KG
ROLL MOP HERRING	£1.20P EACH
SWEET PICKLED HERRING	£1.00P EACH
CRAB STICKS	£8.00 PER KG
ANCHOVIES IN OLIVE OIL	£3.95 PER 250g



Fresh Manx Crab

White Crab Meat	100g	£3.50
Mixed Crab Meat	100g	£2.50
Crab Cocktail Claws	200g	£4.50
Whole Crab	Per Crab	£2.50



Fresh Manx Lobster

Lobster Meat	100g	£11.00
Live Whole Lobster	Per kg	£21.00
Cooked Whole Lobster	Per Lobster	£11.50
Dressed Lobster	Per Lobster	£12.00